

Physical Education

Our Vision

‘A real education has to give equal weight to the arts, the humanities, to physical education’ (Sir Ken Robinson, Ted talk, May 2013).

At Summerville we believe that this balance and range of opportunity underpins everything we plan and deliver. Since the beginning of the human species there has always been a need to move and be active but as time has gone by, and technological advances have been made, there has been an increase in sedentary lifestyles and the associated health problems. There is strong and consistent evidence that doing regular, moderate-intensity physical activity provides a range of physical, intellectual and emotional benefits for everyone.

At our school we recognise the importance of being fit and agile and the effect it has on a child’s health and wellbeing, their ability to learn effectively and how well they achieve in school. As a healthy school, we want to promote participation in sport and physical activity and believe we have an important role in partnership with the family and wider community in promoting physical activity and a healthy lifestyle.

Information on our PE curriculum, extra-curricular activities and how we use our Schools Sports Premium Funding can be found on our website.

We also aim to increase enjoyment and participation in sport and physical activity for all pupils.

PE Curriculum Overview

Early Years

EYFS is a crucial time for teaching PE, especially if we want the young people we work with to buy into the enjoyment and importance of being physically active throughout life. Early impressions are formed here, but it is also the first place that pre-conceived and sometimes false impressions of what PE is, can actually be eradicated.

Children will be introduced to PE through fundamental movement and fundamental skills, which are the basic skills for any sport, and are taught in a fun way to excite children about PE and teach them to be active and healthy.

Children will be introduced to sports through external events in a fun way, encouraging them to work as a team, not competitively, and also through sports’ day.

Key Stage 1

In Key Stage 1 the children will continue to gain experience in PE and further develop their competence through fundamental movement and fundamental skills. Similarly to EYFS they will be introduced to sports through external events in a fun way, encouraging them to work as a team and not competitively. They will also participate in our half termly Intra Sports events and sports’ day.

Key Stage 2

In Key Stage 2, children will continue to gain experience in PE through more sports orientated PE lessons with our focus on health and active lifestyles. All sports are taught in a fun way to excite children about PE and teach the children to be active and healthy. The children will now start to gain the skills need to play each sport they are taught.

Children will be encouraged to take part in sports at our after school clubs and external events, encouraging them to work as a team and be more competitive. They will also take a more active part in our half termly values Intra Sports events and sports day.

Year 6 playmakers and sports crew will also be trained to manage teams, referee games and be an active voice in the organisation of the Intra Sports, Sports Day and Lunchtime activities.