

Who can I tell?

- * a parent/carer
- * a family member
- * a trusted adult
- * a friend
- * Miss Gilluley
- * Jo Barrit (Place2Be)
- * a teaching assistant
- * a teacher
- * Miss Jordan
- * office staff
- * lunchtime staff
- * an organisation such as Childline

MOST IMPORTANTLY

if you are being bullied...

Start Telling Other People!



When is it Bullying?

Several

Times

On

Purpose

At Summerville Primary School we promise to always treat bullying seriously.

Together we can stamp out bullying!



Summerville
Primary School

**Child Friendly
Anti-Bullying
Policy**

November 2020

In our school our expectations are:

Be Safe
Be Respectful
Be Ready

What is bullying?

A bully is someone who harms another person deliberately and repeatedly, by using behaviour which is meant to hurt, frighten or upset the other person.

We do not want bullying behaviour in our school!



Bullying is not:

It is important to understand that bullying is not the same as falling out with friends occasionally. When we fall out with our friends we get upset and we can end up saying things and doing things that are unkind, but this isn't bullying. Learning to manage friendships and other close relationships is part of growing up.

It is bullying if it is done 'Several Times On Purpose' (STOP!).

Bullying can be:

Indirect: leaving you out, hurting your feelings, spreading rumours about you, hiding your belongings

Physical: punching, hitting, kicking, spitting, pushing, taking /breaking your belongings, making you do things you don't want to do

Verbal: teasing, name calling, making threats, commenting on your appearance, making offensive remarks including comments about your gender, race, disability, religion or sexual orientation - this form of bullying is also discriminatory behaviour that may be unlawful

Cyber: saying unkind things, sending threats and sharing images via text, e-mail, messenger, during online games or on other social media platforms



We want our school to be a place where everyone can feel happy and safe!

What should I do if I am bullied?

- * Tell them to stop
- * Don't retaliate
- * Walk/run away to somewhere safe
- * Take screenshots if it's happening online and then block the person
- * Tell a teacher, parent or an adult that you trust what is happening

Don't

- * Do what the bully says
- * Get angry or look upset
- * Retaliate
- * Think it's your fault
- * Keep it to yourself

What should I do if I see someone else being bullied?

- * Tell the bully to stop if it is safe to do so
- * Tell a trusted adult, parent or teacher what is happening
- * Do not join in
- * Don't act like nothing is happening
- * Don't lose your temper

