

Key Steps

1. Be Positive
2. Offer Rewards
3. Be Clear
4. Use Distractions
5. Be consistent
6. Don't give up

If you are still concerned about your child's behaviour seek advice from GP, Health Visitor or Children's Services



Salford City Council

Top tips for Behaviour Management

Look inside for a few simple strategies to help manage your child's behaviour



Rewards

Use rewards that are realistic and equal to the good behaviour being shown. For example stickers can be a great way to reward your child

Reward good behaviour initially. As the behaviour becomes more frequent, the reward can be phased out.

Don't offer your child a reward before they have done what they were supposed to do.

Praise and Encouragement

This is the most effective way of increasing frequency of wanted behaviour.

This needs to be given immediately after the good behaviour is shown.

Label the good behaviour the child has shown. E.g. 'Well done for...'

Modelling

You can model the behaviour you want to see from your child.

For example tidying up, you can show this behaviour, and commentate on how good it is to tidy up because it helps everyone.



Behaviour Management

Clear Instructions

The language used needs to be simple and clear.

It is important that your body language compliments your message.

Try and use 'Do' rather than 'Don't' when giving instructions.

Boundaries

Boundaries help children feel secure.

Let your child know what is acceptable, and not acceptable behaviour.

Children need clear boundaries.

Be consistent and realistic with your boundaries.

Distraction and planned ignoring

You can distract your child by turning their attention towards a positive activity.

Change the environment that the child is in, for example going outside

Ignoring a behaviour can be the hardest thing to do, however it can be an effective strategy to not give attention to unwanted behaviours.

Remember to ignore the behaviour and not the child.